

# Waukee Community Schools

# 2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. **Please see the next page for your school's menu.**

August 2018					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
No School	6	7	8	9	10
No School	13	14	15	16	17
1	20	21	22	23	24
2	27	28	29	30	31

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	1	2	3	4	5
2	8	9	10	11	12
3	15	16	17	18	19
1	22	23	24	25	26
2	29	30	31		

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
No School	24	25	26	27	28
No School	31				

January 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
3					1
1	4	5	6	7	8
2	11	12	13	17	15
No School	18	19	20	21	22
1	25	26	27	28	29

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	1	2	3	4	5
3	8	9	10	11	12
1	15	16	17	18	19
2	22	23	24	25	26
3	29	30			

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	31

No School	Early Out	<b>Menu Subject to change without notice</b>
<p>To make a reimbursable meal, students must <b>choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable.</b></p> <p>To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

# Waukee Community Schools

2018-2019 Elementary School **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

K-5 Breakfast: \$1.75

Adult Breakfast: \$2.10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>				
<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Donut</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Yogurt Parfaits</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Cinnamon Roll</li> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Omelet w/Toast</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>
<b>WEEK 2</b>				
<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Donut</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Mini Cinni</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Breakfast Bosco</li> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<p style="text-align: center;"><b>Mini Day!</b></p> <ul style="list-style-type: none"> <li>• Mini Waffles or Pancakes</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>
<b>WEEK 3</b>				
<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Donut</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Biscuits and Gravy*</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Warrior Burrito</li> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Pancake &amp; Sausage on a Stick*</li> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>

# Waukee Community Schools

## 2018-2019 Elementary School Menu

Student Lunch: \$2.70

Adult Lunch: \$3.65

• Entrée Choice      \*May contain pork  
 Skim, 1% or Fat-Free Chocolate Milk is offered  
 with each meal  
 Menu Subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>				
<ul style="list-style-type: none"> <li>• Chicken Tenders w/ Dinner Roll OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Steamed Corn Fresh Spinach Applesauce</p>	<ul style="list-style-type: none"> <li>• French Toast Sticks OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Sweet Potato Fries Cucumber Slices Strawberries</p>	<ul style="list-style-type: none"> <li>• Breaded Chicken Sandwich OR</li> <li>• Sliced Smoked Turkey &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Crinkle Fries Celery Sticks Pineapple</p>	<ul style="list-style-type: none"> <li>• Hot Dog* OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Baked Beans Fresh Broccoli Trees Cinnamon Apples</p>	<ul style="list-style-type: none"> <li>• Cheese Pizza OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Romaine Salad Fresh Carrots Mixed Fruit</p>
<b>WEEK 2</b>				
<ul style="list-style-type: none"> <li>• Chicken Nuggets w/ Dinner Roll OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Baked Beans Cucumber Slices Mandarin Oranges</p>	<ul style="list-style-type: none"> <li>• Pancakes &amp; Sausage Patty* OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Sweet Potato Fries Celery Sticks Blueberries</p>	<ul style="list-style-type: none"> <li>• Mandarin Orange Chicken with Steamed Rice OR</li> <li>• Sliced Smoked Turkey &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Steamed Broccoli Cherry Slushie Mixed Fruit</p>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Romaine Salad Steamed Peas Fresh Apple Slices Chocolate Chip Cookie</p>	<ul style="list-style-type: none"> <li>• Cheese Stuffed Breadsticks w/ Marinara Sauce OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Green Beans Spinach Salad Fresh Apple Slices</p>
<b>WEEK 3</b>				
<ul style="list-style-type: none"> <li>• Popcorn Chicken w/ Dinner Roll OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Baked Beans Fresh Broccoli Trees Diced Pears</p>	<ul style="list-style-type: none"> <li>• Waffles &amp; Egg Patty OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Tri-Tater Cucumber Slices Banana</p>	<ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich OR</li> <li>• Sliced Smoked Turkey &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Sweet Potato Fries Fresh Spinach Red Grapes</p>	<ul style="list-style-type: none"> <li>• Chicken Drumstick &amp; Dinner Roll OR</li> <li>• Sunbutter Sandwich</li> </ul> <p style="text-align: center;">Mashed Potatoes &amp; Gravy Fresh Carrots Blueberries</p>	<ul style="list-style-type: none"> <li>• Personal Cheese Pizza OR</li> <li>• Sliced Turkey Breast &amp; Cheese Sandwich</li> </ul> <p style="text-align: center;">Green Beans Fresh Cauliflower Florets Orange Smiles</p>
<b>Weekly Boxed Salad Option</b>				
<ul style="list-style-type: none"> <li>• Southwest Chicken Salad</li> </ul> <p style="text-align: center;">Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Applesauce Cup</p>	<ul style="list-style-type: none"> <li>• Romaine Salad w/ Breaded Chicken</li> </ul> <p style="text-align: center;">Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Strawberry Cup</p>	<ul style="list-style-type: none"> <li>• Romaine Salad w/ Diced Ham*</li> </ul> <p style="text-align: center;">Shredded Cheese Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Dried Fruit</p>	<ul style="list-style-type: none"> <li>• Romaine Salad w/ Hardboiled Egg</li> </ul> <p style="text-align: center;">Baby Carrots Diced Tomatoes Cucumber Slices Dinner Roll Giant Vanilla Goldfish Graham Peach Cup</p>	<ul style="list-style-type: none"> <li>• Southwest Chicken Salad</li> </ul> <p style="text-align: center;">Fajita Chicken Shredded Cheese Diced Tomatoes Cucumber Slices Corn Black Beans Dinner Roll Fresh Apple Slices</p>
<b>Weekly Kydz-able Bar</b>				
<ul style="list-style-type: none"> <li>Yogurt Cup</li> <li>Cheese Cubes</li> <li>Romaine Salad</li> <li>Cucumber Slices</li> <li>Dinner Roll</li> <li>Applesauce Cup</li> </ul>	<p style="text-align: center;"><b>Build Your Own Taco!</b></p> <p style="text-align: center;">Fajita Chicken &amp; Shredded Mozzarella Cheese Flour Tortilla Black Beans Corn Strawberry Cup</p>	<ul style="list-style-type: none"> <li>Hardboiled Egg</li> <li>Cheese Cubes</li> <li>Spinach Salad</li> <li>Sunbelievable Slushie</li> <li>Dinner Roll</li> <li>Dried Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Dippin' Day!</li> <li>Hummus w/ Baked Pita Points</li> <li>Cheese Stick</li> <li>Baby Carrots</li> <li>Celery Sticks</li> <li>Giant Vanilla Goldfish</li> <li>Graham</li> <li>Peach Cup</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt Parfait Bar</li> <li>Vanilla Yogurt</li> <li>Cinnamon Granola</li> <li>Assorted Cereal</li> <li>Baby Carrots</li> <li>Cucumber Slices</li> <li>Assorted Fruit</li> </ul>

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.