

# Waukee Community Schools

# 2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. Please see the next page for your school's menu.

August 2018					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
No School	6	7	8	9	10
No School	13	14	15	16	17
1	20	21	22	23	24
2	27	28	29	30	31

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	1	2	3	4	5
2	8	9	10	11	12
3	15	16	17	18	19
1	22	23	24	25	26
2	29	30	31		

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
No School	24	25	26	27	28
No School	31				

January 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
3					1
1	4	5	6	7	8
2	11	12	13	14	15
No School	18	19	20	21	22
1	25	26	27	28	29

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	1	2	3	4	5
3	8	9	10	11	12
1	15	16	17	18	19
2	22	23	24	25	26
3	29	30			

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	31

<b>No School</b>	<b>Early Out</b>	<b>Menu Subject to change without notice</b>
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

# Waukee Community Schools

2018-2019 Middle Schools **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

6-8 Breakfast: \$1.75

9-12 Breakfast: \$1.85

Adult Breakfast: \$2.10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>				
<ul style="list-style-type: none"> <li>• Breakfast Sandwich</li> <li>• Mini Pancakes</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Yogurt Parfait Bar</li> <li>• Breakfast Pizza Sliders</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Donut</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Cheese Omelet w/ Toast</li> <li>• Cinnamon Roll</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• French Toast Bites</li> <li>• Breakfast Pizza</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>
<b>WEEK 2</b>				
<ul style="list-style-type: none"> <li>• Breakfast Sandwich</li> <li>• Mini Cinni</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Yogurt Parfait Bar</li> <li>• Breakfast Burrito</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Donut</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Pancake &amp; Sausage on a Stick*</li> <li>• Cinnamon Roll</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Biscuits and Gravy*</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>
<b>WEEK 3</b>				
<ul style="list-style-type: none"> <li>• Breakfast Sandwich</li> <li>• Mini Waffles</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Yogurt Parfait Bar</li> <li>• Breakfast Pizza Sliders</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• Breakfast Pizza</li> <li>• Donut</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>	<ul style="list-style-type: none"> <li>• Scrambled Eggs w/ Toast</li> <li>• Cinnamon Roll</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereals/bars</li> </ul> <p>Assorted Fruit &amp; Juice cup Milk</p>	<ul style="list-style-type: none"> <li>• French Toast Bites</li> <li>• Breakfast Pizza</li> </ul> <ul style="list-style-type: none"> <li>• Assorted Cereal/bars</li> </ul> <p>Assorted Fruit Milk</p>

# Waukee Community Schools

## 2018-2019 Prairieview and Timberline Schools

8<sup>th</sup> Lunch: \$2.80

9<sup>th</sup> Lunch: \$2.90

Adult Lunch: \$3.65

\*May contain pork  
Skim, 1%, and Fat-Free Chocolate Milk are offered  
with each meal  
Menu Subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>					
<b>Bistro Bar</b>	<b>General Tso's Chicken</b> Steamed Rice Edamame Succotash Spinach Salad Mandarin Oranges & Pineapple	<b>Nacho Grande</b> Refried Beans Steamed Corn Fresh Apple	<b>Pancakes &amp; Scrambled Eggs</b> Sweet Potato Waffle Fries Celery Sticks Strawberries & Blueberries	<b>Turkey Gravy</b> Dinner Roll Mashed Potatoes Steamed Carrots Pineapple & Fresh Apple Slices	<b>Turkey and Cheese Melt</b> Steamed Corn Fresh Carrots Assorted Fruit & Pineapple
<b>Pizza Shack</b>	<b>Personal Pepperoni Pizza</b> Steamed Corn Romaine Salad Fresh Apple	<b>Stuffed Crust Pepperoni Pizza*</b> Green Beans Fresh Carrots Mixed Fruit & Cinnamon Apples	<b>Big Daddy Buffalo Chicken Pizza</b> Potato Wedges Spinach Salad Diced Pears & Fresh Apple Slices	<b>Cheese Stuffed Bread Sticks w/ Marinara</b> Baked Beans Cucumber Slices Fresh Apple Slices & Dried Fruit	<b>Cheesy French Bread w/ Marinara Sauce</b> Steamed Carrots Romaine Salad Assorted Fruit & Peaches
<b>The Grill</b>	<b>Chicken Sandwich</b> Steamed Corn Romaine Salad Fresh Apple	<b>Popcorn Chicken</b> Dinner Roll Baked Beans Fresh Carrots Mixed Fruit & Grapes	<b>Cheeseburger</b> Sweet Potato Waffle Fries Spinach Salad Diced Pears & Fresh Apple Slices	<b>Hot Wing Bites</b> Dinner Roll Potato Coins Celery Sticks Pineapple & Dried Fruit	<b>Mac &amp; Cheese</b> Steamed Peas Fresh Carrots Assorted Fruit & Peaches
<b>A La Carte</b>	<b>Apple Bosco Stick</b>	<b>Pretzel with Cheese</b>	<b>Onion Rings</b>	<b>Buffalo Chicken Pizza</b>	<b>Spicy Chicken Wrap</b>
<b>Week 2</b>					
<b>Bistro Bar</b>	<b>Sweet Thai Chicken</b> Steamed Rice Steamed Broccoli Fresh Carrots Fresh Orange & Pineapple	<b>Soft Shell Taco</b> Cilantro Lime Rice Refried Beans Steamed Corn Fresh Apple	<b>Waffles with Egg &amp; Cheese Omelet</b> Sweet Potato Fries Celery Sticks Blueberries & Strawberries	<b>Chicken Alfredo</b> Garlic Breadstick Romaine Salad Green Beans Grapes & Dried Fruit	<b>Mini Corn Dogs</b> Crinkle Fries Steamed Carrots Assorted Fruit & Mixed Fruit
<b>Pizza Shack</b>	<b>Personal Cheese Pizza</b> Spinach Salad Potato Wedges Fresh Orange & Peaches	<b>Build Your Own Taco Pizza</b> Lettuce & Tomato Steamed Corn Refried Beans Mixed Fruit & Banana	<b>Big Daddy Four Meat Pizza*</b> Sweet Potato Fries Italian Vegetable Blend Applesauce & Fresh Pear	<b>Mozzarella Cheese Sticks w/ Marinara Sauce</b> Romaine Salad Green Beans Diced Pears & Grapes	<b>Cheesy French Bread Pizza w/ Marinara Sauce</b> Steamed Peas Fresh Carrots Assorted Fruit & Applesauce
<b>The Grill</b>	<b>Italian Meatball Sub</b> Steamed Corn Spinach Salad Fresh Orange & Peaches	<b>Chicken Nuggets</b> Dinner Roll Baked Beans Potato Wedges Mixed Fruit & Banana	<b>BBQ Pulled Pork Sandwich*</b> Sweet Potato Fries Cucumber Slices Applesauce & Fresh Pear	<b>Country Fried Steak</b> Dinner Roll Mashed Potatoes & Gravy Steamed Mixed Vegetables Diced Pears & Grapes	<b>Pork Tenderloin Sandwich*</b> Crinkle Fries Fresh Carrots Assorted Fruit & Applesauce
<b>A La Carte</b>	<b>Apple Bosco Stick</b>	<b>Nacho with Cheese</b>	<b>Onion Rings</b>	<b>Four Meat Pizza</b>	<b>Spicy Chicken Wrap</b>
<b>Week 3</b>					
<b>Bistro Bar</b>	<b>Mandarin Orange Chicken</b> Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges & Pineapple	<b>Walking Taco</b> Cilantro Lime Rice Refried Beans Steamed Corn Fresh Apple	<b>French Toast Sticks &amp; Egg Patty</b> Sweet Potato Fries Celery Sticks Strawberries & Blueberries	<b>Cheesy Lasagna Roll-Up</b> Garlic Breadstick Romaine Salad Steamed Carrots Fresh Pear & Peaches	<b>Chicken Bites</b> Dinner Roll Steamed Corn Cucumber Slices Assorted Fruit & Mixed Fruit
<b>Pizza Shack</b>	<b>Square Pepperoni Pizza*</b> Potato Coins Spinach Salad Fresh Apple Slices & Peaches	<b>Cheesy Pizza Crunchers</b> Fresh Carrots Romaine Salad Banana & Diced Pears	<b>Big Daddy Pepperoni Pizza</b> Steamed Corn Italian Blend Vegetables Mandarin Oranges & Dried Fruit	<b>Cheesy Bosco Sticks w/ Marinara Sauce</b> Ranch Beans Fresh Carrots Fresh Pear	<b>Pepperoni French Bread</b> Steamed Peas Celery Sticks Assorted Fruit & Applesauce
<b>The Grill</b>	<b>Spicy Chicken Sandwich</b> Potato Coins Spinach Salad Fresh Apple Slices & Peaches	<b>Chicken Tenders</b> Dinner Roll Green Beans Fresh Carrots Peaches & Diced Pears	<b>Chicken Drumstick</b> Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Mandarin Oranges & Dried Fruit	<b>Sloppy Joe</b> Ranch Beans Fresh Carrots Grapes & Peaches	<b>Homemade Chili</b> Cinnamon Roll Steamed Carrots Celery Sticks Assorted Fruit & Mixed Fruit
<b>A La Carte</b>	<b>Apple Bosco Stick</b>	<b>Rockin' Caesar Salad</b>	<b>Onion Rings</b>	<b>Pepperoni Pizza</b>	<b>Spicy Chicken Wrap</b>
<b>Salad Bar (Weekly)</b>	<b>Southwest Chicken Salad</b> Assorted Veggies & Fruit	<b>Hummus Dipper Bar</b> Assorted Veggies & Fruit	<b>Crispy Chicken Salad</b> Assorted Veggies & Fruit	<b>Spicy Chicken Wrap</b> Assorted Veggies & Fruit	<b>Egg Cobb Salad</b> Assorted Veggies & Fruit

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.