

Waukee Community Schools

2018-2019 School Menu Calendar

The calendar below contains the rotation of the lunch schedule for the 2018-2019 School Year. Please see the next page for your school's menu.

August 2018					
WEEK #	Mon	Tues	Wed	Thur	Fri
No School			1	2	3
No School	6	7	8	9	10
No School	13	14	15	16	17
1	20	21	22	23	24
2	27	28	29	30	31

September					
WEEK #	Mon	Tues	Wed	Thur	Fri
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28

October					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	1	2	3	4	5
2	8	9	10	11	12
3	15	16	17	18	19
1	22	23	24	25	26
2	29	30	31		

November					
WEEK #	Mon	Tues	Wed	Thur	Fri
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

December					
WEEK #	Mon	Tues	Wed	Thur	Fri
1	3	4	5	6	7
2	10	11	12	13	14
3	17	18	19	20	21
No School	24	25	26	27	28
No School	31				

January 2019					
WEEK #	Mon	Tues	Wed	Thur	Fri
1		1	2	3	4
2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30	31	

February					
WEEK #	Mon	Tues	Wed	Thur	Fri
2					1
3	4	5	6	7	8
1	11	12	13	14	15
2	18	19	20	21	22
3	25	26	27	28	

March					
WEEK #	Mon	Tues	Wed	Thur	Fri
3					1
1	4	5	6	7	8
2	11	12	13	17	15
No School	18	19	20	21	22
1	25	26	27	28	29

April					
WEEK #	Mon	Tues	Wed	Thur	Fri
2	1	2	3	4	5
3	8	9	10	11	12
1	15	16	17	18	19
2	22	23	24	25	26
3	29	30			

May					
WEEK #	Mon	Tues	Wed	Thur	Fri
3			1	2	3
1	6	7	8	9	10
2	13	14	15	16	17
3	20	21	22	23	24
1	27	28	29	30	31

No School	Early Out	Menu Subject to change without notice
<p>To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.</p>		

Waukee Community Schools

2018-2019 Middle Schools **BREAKFAST** Menu

(SEE NEXT PAGE FOR LUNCH MENU)

6-8 Breakfast: \$1.75

9-12 Breakfast: \$1.85

Adult Breakfast: \$2.10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Pancakes 	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Breakfast Pizza Sliders 	<ul style="list-style-type: none"> • Breakfast Pizza • Donut 	<ul style="list-style-type: none"> • Cheese Omelet w/ Toast • Cinnamon Roll 	<ul style="list-style-type: none"> • French Toast Bites • Breakfast Pizza
<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereals/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars
Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk
WEEK 2				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Cinni 	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Breakfast Burrito 	<ul style="list-style-type: none"> • Breakfast Pizza • Donut 	<ul style="list-style-type: none"> • Pancake & Sausage on a Stick* • Cinnamon Roll 	<ul style="list-style-type: none"> • Breakfast Pizza • Biscuits and Gravy*
<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereals/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars
Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk
WEEK 3				
<ul style="list-style-type: none"> • Breakfast Sandwich • Mini Waffles 	<ul style="list-style-type: none"> • Yogurt Parfait Bar • Breakfast Pizza Sliders 	<ul style="list-style-type: none"> • Breakfast Pizza • Donut 	<ul style="list-style-type: none"> • Scrambled Eggs w/ Toast • Cinnamon Roll 	<ul style="list-style-type: none"> • French Toast Bites • Breakfast Pizza
<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars 	<ul style="list-style-type: none"> • Assorted Cereals/bars 	<ul style="list-style-type: none"> • Assorted Cereal/bars
Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk	Assorted Fruit & Juice cup Milk	Assorted Fruit Milk

Waukee Community Schools

2018-2019 South Middle & Waukee Middle School

Student Lunch: \$2.80

Adult Lunch: \$3.65

*May contain pork
Skim, 1%, and Fat-Free Chocolate Milk are offered
with each meal
Menu Subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Bistro Bar	General Tso's Chicken Steamed Rice Edamame Succotash Spinach Salad Mixed Fruit	Nacho Grande Refried Beans Steamed Corn Fresh Apple	Pancakes & Scrambled Eggs Sweet Potato Fries Celery Sticks Strawberries	Turkey Gravy Dinner Roll Mashed Potatoes Steamed Carrots Apple Slices	Turkey and Cheese Melt Steamed Corn Romaine Salad Assorted Fruit
Pizza Shack	Personal Pepperoni Pizza Steamed Corn Romaine Salad Mixed Fruit	Stuffed Crust Pepperoni Pizza* Green Beans Fresh Carrots Cinnamon Apples	Big Daddy Buffalo Chicken Pizza Potato Wedges Spinach Salad Diced Pears	Cheese Stuffed Bread Sticks w/ Marinara Sauce Baked Beans Cucumber Slices Pineapple	Cheesy French Bread w/ Marinara Sauce Steamed Carrots Romaine Salad Assorted Fruit
The Grill	Chicken Sandwich Steamed Corn Romaine Salad Mandarin Oranges	Popcorn Chicken Dinner Roll Baked Beans Fresh Carrots Mixed Fruit	Cheeseburger Potato Wedges Spinach Salad Diced Pears	Hot Wing Bites Dinner Roll Potato Coins Celery Sticks Pineapple	Mac & Cheese Steamed Peas Fresh Carrots Assorted Fruit
A La Carte	Apple Bosco Stick	Pretzel with Cheese	Onion Rings	Buffalo Chicken Pizza	Spicy Chicken Wrap
Week 2					
Bistro Bar	Sweet Thai Chicken Steamed Rice Steamed Broccoli Fresh Carrots Fresh Orange	Soft Shell Taco Refried Beans Steamed Corn Pineapple	Waffles with Egg Patty Sweet Potato Fries Celery Sticks Blueberries	Chicken Alfredo Garlic Breadstick Romaine Salad Green Beans Grapes	Mini Corn Dogs Crinkle Fries Cucumber Slices Assorted Fruit
Pizza Shack	Personal Cheese Pizza Potato Wedges Spinach Salad Mandarin Oranges	Build Your Own Taco Pizza Refried Beans Steamed Corn Mixed Fruit	Big Daddy Four Meat Pizza* Tri-Tater Italian Vegetable Blend Applesauce	Mozzarella Cheese Sticks w/ Marinara Sauce Romaine Salad Green Beans Diced Pears	Cheesy French Bread w/ Marinara Sauce Steamed Peas Fresh Carrots Assorted Fruit
The Grill	Italian Meatball Sub Steamed Corn Spinach Salad Apple Slices	Chicken Nuggets Dinner Roll Potato Wedges Baked Beans Mixed Fruit	BBQ Pulled Pork Sandwich* Sweet Potato Fries Cucumber Slices Applesauce	Country Fried Steak Dinner Roll Mashed Potatoes Steamed Mixed Veggies Grapes	Pork Tenderloin Sandwich* Crinkle Fries Fresh Carrots Assorted Fruit
A La Carte	Apple Bosco Stick	Nacho with Cheese	Onion Rings	Four Meat Pizza	Spicy Chicken Wrap
Week 3					
Bistro Bar	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Carrots Mandarin Oranges	Walking Taco Cilantro Lime Rice Refried Beans Steamed Corn Banana	French Toast & Egg Patty Sweet Potato Fries Celery Sticks Strawberries	Cheesy Lasagna Roll-Up Garlic Breadstick Romaine Salad Green Beans Fresh Apple	Chicken Bites Steamed Corn Cucumber Slices Assorted Fruit
Pizza Shack	Square Pepperoni Pizza* Potato Coins Spinach Salad Fresh Apple Slices	Cheesy Pizza Crunchers Green Beans Romaine Salad Peaches	Big Daddy Pepperoni Pizza Steamed Corn Italian Blend Vegetables Mandarin Oranges	Cheesy Bosco Sticks Ranch Beans Fresh Carrots Fresh Apple	Pepperoni French Bread Pizza* Steamed Peas Celery Sticks Assorted Fruit
The Grill	Spicy Chicken Sandwich Potato Coins Spinach Salad Fresh Apple Slices	Chicken Tenders Dinner Roll Green Beans Fresh Carrots Peaches	Chicken Drumstick Dinner Roll Mashed Potatoes & Gravy Steamed Corn Mandarin Oranges	Sloppy Joe Ranch Beans Fresh Carrots Peaches	Homemade Chili Cinnamon Roll Steamed Corn Celery Sticks Assorted Fruit
A La Carte	Apple Bosco Stick	Rockin' Caesar Salad	Onion Rings	Pepperoni Pizza	Spicy Chicken Wrap
Salad Bar (Weekly)	Southwest Chicken Salad Assorted Veggies & Fruit	Hummus Dipper Bar Assorted Veggies & Fruit	Crispy Chicken Salad Assorted Veggies & Fruit	Spicy Chicken Wrap Assorted Veggies & Fruit	Egg Cobb Salad Assorted Veggies & Fruit

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